

# Online Benefit Enrollment

To Enroll Online, Please Visit www.mybenefitshub.com/austinisd



Click the Login button to begin your Online Enrollment





If you have trouble logging in, Click on the "Login Help Video" for assistance.

### Your Username Is:

The first Six (6) characters of your last name\*, followed by the first letter of your first name, followed by the last four (4) digits of your Social Security Number. (NOT case sensitive)

### Your Password Is:

Last Name\* (Excluding punctuation) followed by the last four (4) digits of your Social Security Number. (NOT case sensitive)

\*If your last name is less than 6 characters, use your full last name for both your username and password.

### **PASSWORDS:**

All passwords have been RESET to the Default described above.

Passwords ARE Case Sensitive. Please enter your default password in all lowercase.

| Login   |  |
|---|--|
| Username  |  |
| Password  |  |
| Language English ▼  |  |
| Login   |  |
| Forgot Username or Password?  Supported Browsers  Google Chrome  Microsoft Internst Explorer (7.0 or Later)  Mozilla Firefox (3.5 or Later) |  |

# **Enrollment Instructions**

Click on "Enrollment Instructions" for more information about how to enroll or see page for Online Enrollment Instructions.

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# **HEALTH CARE REFORM**



### WHAT IS HEALTH CARE REFORM?

The term "health care reform" refers to the Affordable Care Act, which was passed by the Federal Government into federal and state law in March 2010. These laws are intended to help more people get affordable health care coverage and receive better medical care. To learn more please visit dol.gov/ebsa/healthreform.

# **Health care reform updates**

- Employer Mandate As of January 1, 2015, employers are required to provide all full-time equivalent employees with a health insurance plan or pay a fine.
- Flexible Spending Accounts continue to be capped at \$2,550 for health care expenses and \$5,000 for dependent day care expenses.
- All medical expenses (i.e., copays, deductibles, and coinsurance) continue to be counted toward the annual out-of-pocket maximums.
- Health care reform requires most U.S. citizens and legal immigrants to have a basic level of health coverage starting January 1, 2014—this is called the individual mandate. Employees will receive a 1095C in the first quarter of 2016 for them to use in filing their tax return to comply with the individual mandate.

# ANSWERS TO YOUR QUESTIONS



# Am I required to have health insurance?

Health care reform requires most U.S. citizens and legal immigrants to have a basic level of health coverage starting January 1, 2014—this is called the individual man-date. Some people won't have to buy insurance. This includes people with certain religious beliefs, members of Native American tribes, undocumented immigrants, and people who are in prison.

# Does my employer have to offer me health coverage?

According to health care reform, employers with over 50 full-time equivalent employees must offer health insurance—this is called the employer mandate.

# Can anyone get health care coverage?

Yes, anyone can get coverage. Insurance companies can no longer deny coverage to anyone who has a pre-existing medical condition.

# What if I don't have any health care coverage?

If you don't have "minimum essential" health coverage you may be subject to a tax penalty based on the number of months in a given year you are without minimum essential coverage. Most employer-based coverage, Medicare, Medicaid, CHIP, private insurance and all insurance purchased through your state's marketplace count as minimum essential coverage.

# When is the open enrollment period AISD coverage?

The open enrollment period to purchase 2016 coverage begins on October 1, 2015 and ends October 31, 2015.

# Who is eligible for benefits?

In order to be eligible for any benefits from AISD, an individual must be considered a regular employee working at least 20 hours per week in a permanent position.

# What dependents are eligible for health care coverage?

Eligible Dependents include the following:

- Your spouse (including those defined as same-sex legally married)
- Your domestic partnership with proper documentation (with after-tax premiums)
- Children under the age of 26, yours or your spouse's
- Dependent children above age 26 who are unmarried, certified medically disabled and financially dependent on you for support.
- When adding dependents, supporting documents are required to prove dependency.
   A list of acceptable dependent documents can be found at http://www.austinisd.org/benefits/adding-dependents

# **OPEN ENROLLMENT**

**When:** During the annual open enrollment period each October. Any newly elected benefits or changes made to existing benefits become effective on January 1st of the following year.

**How:** If you have computer access at work, you must log on to the AISD Benefits HUB portal at <a href="https://www.mybenefitshub.com/austinisd">www.mybenefitshub.com/austinisd</a> to make any benefit election changes for the following calendar year.

If you do not have computer access at work, a benefits enroller will be at your campus to enroll/waive you.

Call Center: 866-914-5202 M-F

# **NEW HIRE**

When: New employees must enroll or waive within the first 30 days of employment with the Austin ISD Benefit elections are effective the first of the month following your date of hire.

**How:** To select benefits as a new hire you must complete the benefits enrollment thru our HUB found at mybenefitshub.com/austinisd within 30 days of your hire date.

# **QUALIFIED LIFE EVENT**

**When:** Within 31 days of a qualifying life event that includes a birth or adoption of a child, marriage or divorce, gain or loss of other coverage.

**How:** If you experience a qualifying life event you must complete a benefits change of status form obtained by contacting the benefits office at 512-414-2297 and returning the form to the benefits office within 31 days of your qualifying life event date. (includes weekends and holidays)

Supporting documentation must also be provided as proof of any qualified life event.

WHEN CAN I ENROLL OR CHANGE MY BENEFIT ELECTIONS?



# WHO PAYS FOR MY HEALTH CARE COVERAGE?

| BENEFIT TYPE                  | EFFECTIVE DATE  | ENROLLMENT<br>RESPONSIBILITY | WHO PAYS   | CHANGES WHEN?                                    |
|-------------------------------|---|------------------------------|------------|--|
|                               | H= Hire date  1st = 1st of the month following your hire date |                              |            | A = Anytime OE = Open Enrollment LE = Life Event |
| Medical                       | 1st   | You                          | You & AISD | OE & LE  |
| Dental                        | 1st   | You                          | You & AISD | OE & LE  |
| Vision                        | 1st   | You                          | You        | OE & LE  |
| Flexible Spending<br>Accounts | 1st   | You                          | You        | OE & LE  |
| Short-Term Disability         | 1st   | You                          | You        | OE & LE  |
| Additional Life<br>Insurance  | 1st   | You                          | You        | OE & LE  |
| Basic Life Insurance          | 1st   | Automatic                    | AISD       | OE & LE  |
| Long-Term Disability          | 1st   | You                          | You        | OE & LE  |
| Critical Illness              | 1st   | You                          | You        | OE & LE  |
| Cancer Insurance              | 1st   | You                          | You        | OE & LE  |
| Accident Insurance            | 1st   | You                          | You        | OE & LE  |
| 403 & 457                     | Н   | You                          | You        | А  |

<sup>\*</sup>Your Medical, Dental, Vision, Cancer, Accident & Flex Spending Accounts are pretax. This means your benefit deductions go farther because you have saved the federal income tax that would otherwise be required on these contributions.

AISD offers three medical plans. The two no-cost options at In-Network only plans are the GOLD SETON SELECT & the HSA. Both utilize the Seton Network. The GOLD CHOICE POS plan offers coverage for both in and out of network.

Take a good look at provider networks. Pay a little more to have more options or vice versa. It's all up to you. Here's help making your selection.

# CONSUMER PLAN NETWORK OPTIONS



If you enroll in a Seton Only medical plan option, you have one provider networks to choose from.

# Limited network basics SETON ONLY PLANS

- . Choose any primary care physician in the Aetna network.
- You're "limited" to Seton hospitals and facilities for inpatient or outpatient hospital care.

### OPEN ACCESS MEMBERS (



If you enroll in Open Access, you have just one network. This plan is all about keeping things simple. Just remember, you pay a higher price tag for this.

### Open Access basics

 Choose any primary care physician, hospital or specialist in the Aetna network.

# DOC FIND MAKES CHOOSING PROVIDERS EASY

Go through **ThebenefitsHUB** to use Aetna's online DocFind tool to search for network doctors, labs or facilities, including X-ray and scanning locations. If you have providers already, you can check Aetna Navigator through **ThebenefitsHUB** before you enroll to be certain you have access to them with the plan you choose. When asked which network,

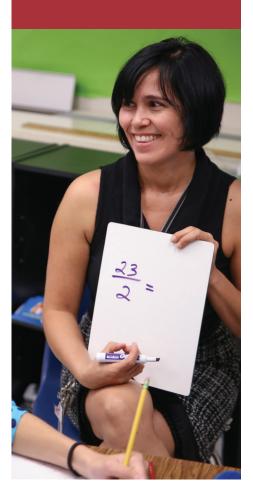
- For the GOLD CHOICE Plan, you will need to select Aetna Choice POS II (Open Access)
- For the GOLD SETON SELECT & the HSA SETON PLAN, you will need to select Aetna Whole Health-Seton Health Alliance

# STAY INSIDE YOUR NETWORK

You are not covered for out-of-network services. The only exception is an emergency when an out-of-network hospital emergency room is the nearest facility. In this case, your stay is covered only until the doctor decides you are stable enough to go home or be moved to an in-network hospital.

- Out-of-network emergency-room care for non-emergency medical attention can result in excessive charges that increase health care costs for everyone and are not covered.
- Know which urgent care and walk-in clinics are near your home in case you need quick medical care. Aetna Navigator is a great tool for that.
- Remember to use Seton facilities if you're enrolled in the Seton Only Plans or you won't be covered.

# **MEDICAL PLANS**



# **FEATURES OF AETNA MOBILE**

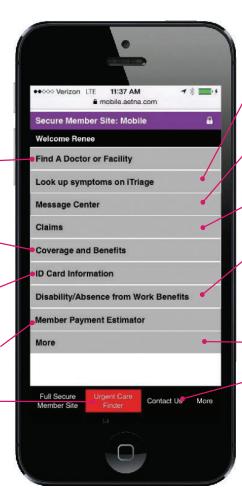
Find a doctor — it's easy to searchfor doctors, dentists and specialists in your area.

Check benefits and coverage information — just clear, accurate details when you click.

Pull up your medical and/or dental ID card information — if you left your ID card at home, it's no problem.

Member Payment Estimator — real-time estimates for out-of-pocket medical expenses based on your health plan.

**Use the Urgent Care Finder** — it's for — immediate help in an emergency. Because every minute counts.



Look up symptoms on the iTriage<sup>®</sup> app — it's easy to search symptoms, conditions and medications.

Message Center — one location for all Aetna e-mail correspondence from Member Services.

**Search claims** — no more guesswork when you don't have the paperwork with you.

View your disability or leave information — reference your existing claims, leaves and payments while you're on the go.

 More — for access to your personal health record.

**Contact Us** — for fast answers to your plan questions.

# YOU HAVE SEVERAL CHOICES. COMPARE AND SAVE.

# Common ground makes some choices easier

All Austin ISD medical plan options feature:

- Preventive care covered at 100%—no charge to you
- Freedom to choose any doctor in your plan's network, with no referral needed

# **Seton Only and Choice POS options in more detail**

Now that you've chosen your network, you have two plan options to choose from. These options give you great flexibility, allowing you to control how you spend your health care dollars. The main differences between the two options are the premium rates and your potential out-of-pocket costs.

It's a tradeoff, basically. If you choose a Limited Network Seton ONLY option, your rates are lower, but your provider choice is narrower. With a Choice POS option, you pay a little higher premiums, but your provider choice is broader with benefits in & out of network.

# Tempor Phymmis PRINCENTE PRINCE

# FIND THE PLAN THAT WORKS BEST FOR YOU

# **COMPARE YOUR OPTIONS**

# GOLD SETON SELECT VS GOLD CHOICE POS

Mr. Smith is an AISD employee who is married with two children. Mr. Smith has decided he would like to enroll his family in one of the two Gold Plans plans. They now need to determine which plan best fits their family's needs.

What they know about their anticipated health care costs next year:

- Mrs. Smith is expecting their third child early next year, so will need to plan for an inpatient hospitalization. The total cost of an inpatient hospital stay is estimated at \$15,000.
- Mr. Smith is permanently required to take prescription medication daily. The prescription is generic and the family takes advantage of Aetna's mail order service, which allows the
- family to get three months of medication for two and half monthly copays.
- Mr. Smith's condition also requires a yearly visit to his primary care provider.

The following chart compares both plans' costs and the total out-of-pocket expense Mr. Smith should expect to pay for his family's services, including monthly premiums paid:

| TYPE OF COST   | GOLD SETON SELECT   | GOLD CHOICE POS   |
|--|---|---|
| Yearly Payroll Deduction for Family Coverage                         | \$7,613   | \$11,294  |
| Two day Hospital stay- Mrs. Smith New Bom                            | \$2,300 (deductible & OPX)<br>\$1,000 (deductible & OPX)                    | \$2,500<br>\$1,100  |
| Prescription Costs Mr. Smith   | \$100 total<br>\$100  | \$100 total<br>\$100  |
| Office Visit Copays Mr. Smith New born baby visits (assume 6 visits) | \$150 total<br>\$0<br>\$150   | \$150 total<br>\$0<br>\$150   |
| Out-of-pocket YTD Mr. Smith Mrs. Smith New Born Family total OPM     | \$3,550 total<br>\$100<br>\$2,300<br>\$1,150<br>\$3,550 (\$6900 family OPX) | \$3,850 total<br>\$100<br>\$2,500<br>\$1,250<br>\$3,850 (\$7500 family OPM) |
| Total Cost for The Smiths  | \$11,163  | \$15,144  |

Based on the family's estimated expenses, choosing the GOLD SETON SELECT plan will save the family \$3,981 next year.

| MONTHLY SAVINGS COMPARISON- PREMIUM ONLY |                        |                         |                           |  |  |
|--|------------------------|-------------------------|---------------------------|--|--|
| Employee plus Family                     | GOLD SETON<br>\$634.40 | GOLD CHOICE<br>\$941.16 | \$306.75 (\$3,681 annual) |  |  |

Why might an HSA be the right choice for you?

- AISD contributes \$163.26 for employee only coverage if you have enrolled in HSA & opened your HSA bank account at the end of the working month.
- It saves you money. For individuals with few regular health expenses, paying a traditional health plan premium can feel like throwing money out the window. HDHPs come with much lower premiums than traditional health plans, meaning less money is deducted from your paychecks.
- It's portable. Even if you change jobs, you get to keep your HSA.
- It's a tax saver. Contributions to your HSA are made with pre-tax dollars. Since your taxable income is decreased by your contributions, you pay less in taxes.
- retirement account. Funds roll over at the end of each year and accumulate tax-free, as does the interest on the account. Also, once you reach the age of 55, you are allowed to make additional "catch-up" contributions to your HSA until age 65.
- It puts money in your pocket! You never lose unused HSA funds. They always roll over to the next year.

# TYPE OF COVERAGE CONTRIBUTION LIMIT

**Individual** \$3,350 for 2016 **Family** \$6,750 for 2016

Catch up for Age 55 or older \$1,000 for 2016

# How does an HSA work?

# Part 1: Qualifying High Deductible Health Insurance Plan

Provides health care benefits after the deductible has been met.

# Part 2: Health Savings Account

Pays for out-of-pocket expenses incurred before the deductible is met.

# What are the steps in an HSA?

- Employee, employer, family member and/or someone else funds the employee's HSA account.
- Employee seeks medical services.
- Medical services are paid by HDHP, subject to deductible and coinsurance.
- Employee may seek reimbursement from HSA account for amounts paid toward deductible and coinsurance.
- Deductible and out-of-pocket maximum fulfilled the
- Employee may be covered for all remaining eligible expenses.

# LEARN MORE ABOUT HSA

# Why should I elect an HSA?

- Cost Savings
- Triple tax benefits
- HSA contributions are excluded from federal income tax
- Interest earnings are tax-deferred
- Withdrawals for eligible expenses are exempt from federal income tax
- Reduction in medical plan contribution
- Unused money is held in an interestbearing savings or investment account

# **COMPARE?** 76;53>**COVERAGE OPTIONS**

| BENEFITS   | Gold Seton Select Gold Choice           |   | HSA Seton<br>Select                         |                             |
|--|---|---|---|-----------------------------|
|  | In-Network Only                         | In-Network                                    | Out-of-Network                              | In-Network                  |
| Coinsurance  | 20%                                     | 20%   | 40%   | 20%                         |
| Calendar Year<br>Deductible<br>Per Member/Per Family                   | \$300/Ind; \$900/Family                 | \$500/Ind;<br>\$1,500/Family                  | \$500/Ind;<br>\$1,500/Family                | \$1,500/Ind; \$3,000/Family |
| Annual Out-of-Pocket<br>Maximum<br>Per Member/Per Family               | \$2,300/Ind; \$6,900/Family             | \$2,500/Ind;<br>\$7,500/Family                | \$2,500/Ind;<br>\$7,500/Family              | \$4,500/Ind; \$9,000/Family |
| Lifetime Maximum   | Unlimited                               | Unlimited                                     | Unlimited                                   | Unlimited                   |
| Preventive Care  | 100%; deductible waived                 | 100%; deductible<br>waived                    | 30%; after deductible                       | 100%; deductible waived     |
| Office Visits - PCP  | \$25 copay; deductible waived           | \$25 copay; deductible waived                 | 30%; after deductible                       | 20%; after deductible       |
| Office Visits - Specialist   | \$25 copay; deductible waived           | \$25 copay; deductible waived                 | 30%; after deductible                       | 20%; after deductible       |
| Inpatient Hospital<br>Services and IP Maternity<br>(including surgery) | 20% after \$500 copay; after deductible | 20% after \$500<br>copay; after<br>deductible | 40% after \$500 per admit; after deductible | 20%; after deductible       |
| Outpatient Hospital<br>Services<br>(including surgery)                 | 20%; after deductible                   | 20%; after deductible                         | 40% after deductible                        | 20%; after deductible       |
| Urgent Care  | \$45 copay; deductible waived           | \$45 copay; deductible waived                 | 30%; after deductible                       | 20%; after deductible       |
| Emergency Room   | \$100 copay; deductible waived          | \$100 copay;<br>deductible waived             | \$100 copay;<br>deductible waived           | 20%; after deductible       |
| Ambulance  | 20%; after deductible                   | 20%; after deductible                         | 20%; after deductible                       | 20%; after deductible       |
| X-Ray / Lab  | 100% deductible waived                  | 100% deductible waived                        | 30%; after deductible                       | 20%; after deductible       |
| Diagnostic Testing (MRI/Ctscan/PET/etc)                                | 20%; after deductible                   | 20%; after deductible                         | 40%; after deductible                       | 20%; after deductible       |
| Durable Medical<br>Equipment   | 20%; after deductible                   | 20%; after deductible                         | 40% after deductible                        | 20%; after deductible       |
| Mental Health  |   |   |   |                             |
| Inpatient  | 20% after \$500 copay; after deductible | 20% after \$500<br>copay; after<br>deductible | 40% after \$500 per admit; after deductible | 20%; after deductible       |
| Outpatient   | \$25 copay; deductible waived           | \$25 copay; deductible waived                 | 30%; after deductible                       | 20%; after deductible       |

# **COMPARE?** 76;53>**COVERAGE OPTIONS**

| BENEFITS  | Gold Seton Select   | Gold (  | Choice   | HSA Seton<br>Select   |
|---|---|---|--|-----------------------|
|   | In-Network Only   | In-Network                                    | Out-of-Network   | In-Network            |
| Substance Abuse   |   |   |  |                       |
| Inpatient   | 20% after \$500 copay; after deductible   | 20% after \$500<br>copay; after<br>deductible | 40% after \$500 copay;<br>after deductible             | 20%; after deductible |
| Outpatient  | \$25 copay; deductible waived   | \$25 copay; deductible waived                 | 30%; after deductible                                  | 20%; after deductible |
| Hospice Care  | Covered 100%, deductible waived   | Covered 100%, deductible waived               | 30%; after deductible                                  | 20%; after deductible |
| Home Health Service -<br>limited to 60 visits per<br>calendar year  | Covered 100%, deductible waived   | Covered 100%,<br>deductible waived            | 30%; after deductible                                  | 20%; after deductible |
| Skilled Nursing Facility-<br>limited to 60 days per<br>calendar year  | Covered 100%, deductible waived   | Covered 100%, deductible waived               | 30%; after deductible                                  | 20%; after deductible |
| Chiropractic, Physical,<br>Occupational Therapies<br>(Short-Term Rehab) -<br>limited to 35 visits per<br>calendar year (office setting) | \$25 copay, ded waived  | \$25 copay; deductible waived                 | 40% after deductible                                   | 20%; after deductible |
| Speech Therapy - (office setting)   | \$25 copay; deductible waived   | \$25 copay; deductible waived                 | 40% after deductible                                   | 20%; after deductible |
| Vision  | 100% routine exam 100% routine exam only Iimit one in 12 month period Iimit one in 12 month period                        |   | 100% routine exam only<br>limit one in 12 month period |                       |
| Prescription Drugs  | \$50 combined Retail/MOD per<br>calendar year RX deductible; \$150<br>Family combined Retail/MOD per<br>calendar year RX. | \$50 combined Retail/MOD per calendar year RX |  | 20%; after deductible |
| Retail (30-day supply)  |   |   |  |                       |
| Generic   | \$10  | \$10  | 20% after applicable<br>Retail copay                   | 20%; after deductible |
| Brand Name Formulary  | \$25  | \$25  | 20% after applicable<br>Retail copay                   | 20%; after deductible |
| Brand Name Non-<br>Formulary  | \$45  | \$45  | 20% after applicable<br>Retail copay                   | 20%; after deductible |
| Mail Order (90-day<br>supply)   |   |   |  |                       |
| Generic   | \$25  | \$25  | Not Covered  | 20%; after deductible |
| Brand Name Formulary  | \$62.50   | \$62.50                                       | Not Covered  | 20%; after deductible |
| Brand Name Non-<br>Formulary  | \$112.50  | \$112.50                                      | Not Covered  | 20%; after deductible |

AISD Contributes \$466.81 to all Medical Plans AISD Contributes \$7.65 to all Dental Plans

| MEDICAL                | Employee only | Employee + child(ren) | Employee + Spouse | Family     |
|------------------------|---------------|-----------------------|-------------------|------------|
| Platinum-grandfathered | \$256.02      | \$936.35              | \$1,361.54        | \$1,745.03 |
| Gold Select SETON      | \$ 0.00       | \$261.09              | \$457.56          | \$634.40   |
| Gold Choice            | \$ 50.88      | \$457.88              | \$712.24          | \$941.18   |
| HSA SETON              | \$ 0.00       | \$63.11               | \$204.60          | \$331.95   |

| DENTAL            | Employee Only | Employee + child(ren) | Employee + Spouse | Family   |
|-------------------|---------------|-----------------------|-------------------|----------|
| Delta DHMO        | \$8.86        | \$20.69               | \$21.97           | \$33.83  |
| Delta Core Option | \$25.82       | \$73.57               | \$71.48           | \$122.04 |
| Delta Plus Option | \$31.81       | \$88.09               | \$85.62           | \$145.21 |

| VISION   | Employee only | Employee + child(ren) | Employee + Spouse | Family  |
|----------|---------------|-----------------------|-------------------|---------|
| Superior | \$7.42        | \$15.40               | \$14.83           | \$25.40 |

| CANCER   | Employee only | Employee + child(ren) | Employee + Spouse | Family  |
|----------|---------------|-----------------------|-------------------|---------|
| Option 1 | \$13.66       | \$15.70               | \$29.48           | \$31.52 |
| Option 2 | \$23.00       | \$26.50               | \$49.94           | \$53.48 |

| ACCIDENT | Employee only | Employee + child(ren) | Employee + Spouse | Family  |
|----------|---------------|-----------------------|-------------------|---------|
| Option 1 | \$11.70       | \$22.70               | \$20.70           | \$31.70 |
| Option 2 | \$13.50       | \$25.70               | \$23.30           | \$35.50 |
| Option 3 | \$22.40       | \$46.70               | \$40.20           | \$64.50 |
| Option 4 | \$24.20       | \$49.70               | \$42.80           | \$68.30 |

| CRITICAL ILLNESS |                       |  |  |
|------------------|-----------------------|--|--|
| AGE              | PREMIUM PER<br>\$5000 |  |  |
| 18-29            | \$2.10                |  |  |
| 30-39            | \$3.45                |  |  |
| 40-49            | \$6.20                |  |  |
| 50-59            | \$10.60               |  |  |
| 60+              | \$17.60               |  |  |

| LONG TERM DISABILITY  |                   |  |  |
|-----------------------|-------------------|--|--|
| ELIMINATION<br>PERIOD | PREMIUM PER \$100 |  |  |
| 0/3 DAYS              | \$4.38            |  |  |
| 14/14 DAYS            | \$3.21            |  |  |
| 30/30 DAYS            | \$2.78            |  |  |
| 60/60 DAYS            | \$1.83            |  |  |
| 90/90 DAYS            | \$1.30            |  |  |
| 180/180 DAYS          | \$0.95            |  |  |

| SHORT TERM DISABILITY |        |  |
|-----------------------|--------|--|
|                       |        |  |
| Monthly               | \$5.15 |  |

# **201( BENEFIT PREMIUMS -9 MONTH EMPLOYEES**

| MEDICAL                | Employee only | Employee + child(ren) | Employee + Spouse | Family    |
|------------------------|---------------|-----------------------|-------------------|-----------|
| Platinum-grandfathered | \$341.36      | \$1248.46             | \$1815.39         | \$2326.71 |
| Gold Select SETON      | \$ 0.00       | \$348.12              | \$610.08          | \$845.87  |
| Gold Choice            | \$ 67.84      | \$610.51              | \$949.65          | \$1254.91 |
| HSA SETON              | \$ 0.00       | \$84.15               | \$272.80          | \$442.60  |

| DENTAL            | Employee only | Employee + child(ren) | Employee + Spouse | Family   |
|-------------------|---------------|-----------------------|-------------------|----------|
| Delta DHMO        | \$11.81       | \$27.59               | \$29.29           | \$45.11  |
| Delta Core Option | \$34.43       | \$98.09               | \$95.31           | \$162.72 |
| Delta Plus Option | \$42.41       | \$117.45              | \$114.16          | \$193.61 |

| VISION   | Employee only | Employee + child(ren) | Employee + Spouse | Family  |
|----------|---------------|-----------------------|-------------------|---------|
| Superior | \$9.89        | \$20.53               | \$19.77           | \$33.87 |

| CANCER   | Employee only | Employee + child(ren) | Employee + Spouse | Family  |
|----------|---------------|-----------------------|-------------------|---------|
| Option 1 | \$18.21       | \$20.93               | \$39.31           | \$42.03 |
| Option 2 | \$30.67       | \$35.33               | \$66.59           | \$71.31 |

| ACCIDENT | Employee only | Employee + child(ren) | Employee + Spouse | Family  |
|----------|---------------|-----------------------|-------------------|---------|
| Option 1 | \$15.60       | \$30.27               | \$27.60           | \$42.27 |
| Option 2 | \$18.00       | \$34.27               | \$31.07           | \$47.33 |
| Option 3 | \$29.87       | \$62.27               | \$53.60           | \$86.00 |
| Option 4 | \$32.27       | \$66.27               | \$57.07           | \$91.07 |

| CRITICAL ILLNESS |                       |  |  |
|------------------|-----------------------|--|--|
| AGE              | PREMIUM PER<br>\$5000 |  |  |
| 18-29            | \$2.80                |  |  |
| 30-39            | \$4.60                |  |  |
| 40-49            | \$8.27                |  |  |
| 50-59            | \$14.13               |  |  |
| 60+              | \$23.47               |  |  |

| LONG TERM DISABILITY  |                   |  |  |  |
|-----------------------|-------------------|--|--|--|
| ELIMINATION<br>PERIOD | PREMIUM PER \$100 |  |  |  |
| 0/3 DAYS              | \$5.84            |  |  |  |
| 14/14 DAYS            | \$4.28            |  |  |  |
| 30/30 DAYS            | \$3.71            |  |  |  |
| 60/60 DAYS            | \$2.44            |  |  |  |
| 90/90 DAYS            | \$1.73            |  |  |  |
| 180/180 DAYS          | \$1.27            |  |  |  |

| SHORT TERM DISABILITY |  |  |  |  |
|-----------------------|--|--|--|--|
|                       |  |  |  |  |
| 9-month \$6.87        |  |  |  |  |

# **DENTAL PLANS**



Proper dental care is important and taking care of your oral health is an investment in your overall well being. AISD's Dental coverage is through Delta Dental, which provides employees with three plan options.

# **PPO CORE AND PLUS PLANS**

The Delta Core and Plus plans offer coverage for a broad- range of services with a deductible and coinsurance approach. You and your enrolled dependents may visit any licensed dentist, but will enjoy the greatest out-of-pocket savings if you see a Delta Dental PPO dentist. Both plans have an annual maximum benefit of \$1500 per person each calendar year.

# **DHMO PLAN**

The DHMO plan provides benefits only if you visit a DeltaCare USA dentist. The DHMO plan provides subscribers with a copayment listing that details all covered services. Non-covered services are billed directly to you. If you receive treatment from a non-DeltaCare USA dentist, you will be responsible for all fees charged.

# **DENTAL OPTIONS**

The Delta Dental coverage chart on the following page outlines dental coverage. For a complete schedule of dental benefits, visit <u>austinsd.org/</u> <u>benefits</u> or contact the benefits office.

### **FIND A DENTIST**

To learn if a dentist participates in a network covered by your plan, use the "Find a Dentist" search feature on the Delta website at deltadentains. com or call Customer Relations at 800.521-2651.

### **COVERAGE VERIFICATION**

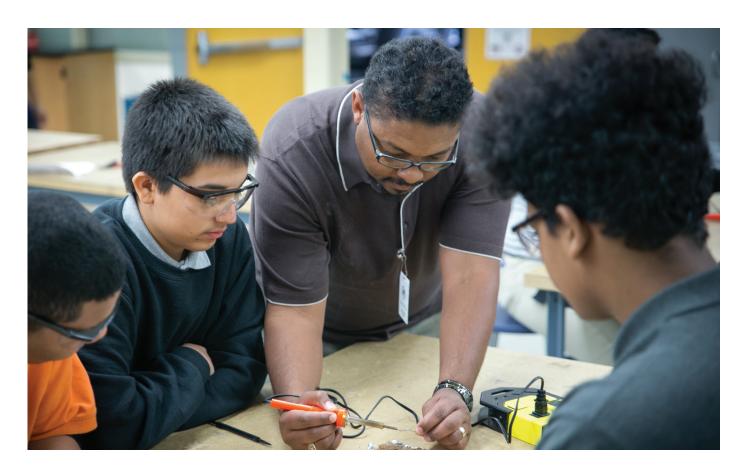
Every plan is different, so it is important to understand the specifics of your dental benefits especially what is and is not covered. If you think you may need treatment and want to find out what your costs will be, ask your dentist to submit a pre-treatment estimate, allowing you to understand your full financial responsibility before committing to services.

# COMPARE COVERAGE OPTIONS

| △ DELTA DENTAL  | DHMO  | CORE  | PLUS   |
|---|---|---|--|
| Provider Network  | Delta Dental PPO<br>Group 00951, Option 1   | Delta Dental PPO<br>Core Plan<br>Group 03595        | Delta Dental PPO<br>Plus Plan<br>Group 03595                                   |
| Annual Maximum Benefit  | Unlimited   | \$1,500 per person                                  | \$1,500 per person   |
| Preventive Services Oral Evaluation X-rays Routine Cleaning Sealants  | copay (see copay listing found in the "Dental" section of www.mybenefitshub.com/austi | 100%<br>inisd                                       | 100% PPO Dentist<br>80% Premier Dentist<br>80% Non-Participating Dentist       |
| Basic Services Amalgam Fillings Resin, Composite Oral Surgery (Extractions) General Anesthesia Surgical Periodontal (gums) Root Canal Therapy | copay<br>(see copay listing)  | 80% PPO Dentist<br>80% Non-Participating<br>Dentist | 90% PPO Dentist<br>90% Non-Participating Dentist                               |
| Major Services Crowns Inlays, onlays, & cast restorations   | copay<br>(see copay listing)  | 50% PPO Dentist<br>50% Non-Participating<br>Dentist | 60% PPO Dentist<br>60% Non-Participating Dentist                               |
| Prosthodontics Bridges and Dentures   | copay<br>(see copay listing)  | 50% PPO Dentist<br>50% Non-Participating<br>Dentist | 60% PPO Dentist<br>60% Non-Participating Dentist                               |
| Orthodontics Adults & Dependent Children  | copay<br>(see copay listing)  | Not<br>covered                                      | \$1500 Lifetime<br>PPO Dentist<br>\$1500 Lifetime<br>Non-Participating Dentist |

# VISION PLAN

| BENEFIT   | IN-NETWORK PROVIDER  | OUT-OF-NETWORK PROVIDER   | FREQUENCY                                    |
|---|--|---|--|
| Routine Exams   | \$10 Exam, then 100% paid in full  | \$10 Exam, then up to \$35 retail value   | Once every 12 months                         |
| Lenses<br>Single vision<br>Bifocal<br>Trifocal<br>Polycarbonate<br>Lenticular | Paid in full<br>Paid in full<br>Paid in full<br>Paid in full<br>Paid in full | Up to : \$25 Retail Value<br>Up to : \$40 Retail Value<br>Up to : \$45 Retail Value<br>Up to : \$20 Retail Value<br>Up to : \$80 Retail Value | Once every 12 months                         |
| Contact Lens<br>Elective<br>Medically Required                                | \$140 allowance for contacts;<br>copay does not apply                        | Up to \$80 Retail Value<br>Up to \$150 Retail Value   | Once every 12 months<br>(in lieu of glasses) |
| Frames  | Up to: \$130 Retail  | Up to: \$70 Retail Value  | Once every 12 months                         |
| Laser Vision Correction   | \$200 allowance  | \$200 allowance   | In lieu of eyewear benefit                   |



Want to stop losing money? With a Flexible Spending Account (FSA), you can set aside money on a pre-tax basis from your pay check to cover medical expenses addependent care (i.e., day care) expensesž

With easy payroll deductions and convenient debit cards, these accounts provide a flexible and easy way to cover expenses.

AISD offers these flexible spending accounts through National Benefit Services, whose services include:

- Help center at 800-2274-0503 x2
   7 a.m. to 11 p.m. CST
   Email: 125claims@nbsbenefits.com
- Internet access to account info https://mywealthcareonline.com/ nbsbenefits/
- Online claim submission & mobile phone app
- Automatic direct deposit in your bank or savings account
- Debit card (Mastercard)

### **HEALTH CARE FSA**

If you enroll in the Health Care FSA, you can use the FSA to pay for eligible health care expenses, including medical, dental and vision expenses with pre-tax dollars. You can contribute a minimum of \$250 and up to a maximum of \$2,550 in 2015. Another advantage of enrolling in the Health Care FSA is that your whole pledge amount for the plan year is available for use on qualified expenses on the day your plan starts, even though your contributions towards the pledge are spread out over the calendar year.

Please note: You must use it or lose it! If you choose to use a Health Care FSA, remember to plan your contributions carefully. You can submit claims for your qualifying 2016 expenses through March 31, 2017. Your expenses must be incurred no later than March 15, 2017 to be reimbursed from your FSA. Due to IRS rules, you'll forfeit any unused funds.

# FLEXIBLE SPENDING ACCOUNT

# HEALTH CARE FLEXIBLE SPENDING ACCOUNT (FSA) Minimum contribution \$250 per year or \$20.83 per month Maximum contribution \$2,550 per year or \$212.50 per month

# **DEPENDENT DAY CARE FSA**

If you have child care expenses, consider taking advantage of the Dependent Day Care FSA. In the same way that the Health Care FSA lets you set aside pre-tax dollars for eligible health care expenses, you can use the Dependent Day Care FSA to set aside up to \$5,000 per year pre-tax dollars for child care expenses while you work.

Examples of eligible dependent care expenses include:

- Daycare and babysitter costs
- Nursery school
- · Before- and after-school programs
- Summer day camps

The Dependent Day Care FSA is subject to the same reimbursement rules as the Health Care FSA, including the "use it or lose it" rule. Important tax rules also apply to the Dependent DayCare FSA. You can't be reimbursed from your FSA for any expense that is also covered by a tax credit on your federal tax return. However, unlike the Health Care FSA, your whole pledge amount for the plan year is not available on the day your plan starts. For the Dependent Day Care FSA, you can only be reimbursed for qualified expenses up to the amount you have contributed to your FSA up to that point in time. As your contributions accrue, claims for reimbursement can be processed.

| DEPENDENT CARE FLEXIBLE SPENDING ACCOUNT (FSA)  |  |  |
|---|--|--|
| Maximum contribution                            | \$2,500 per year or \$208.33 per month |  |
| Maximum contribution  Married filing jointly or | \$5,000 per year or \$416.66 per month |  |



To help protect your income in the event of an accident or injury, Austin ISD offers you short-term and long-term disability benefits. Our Short Term disability plan is offered through Metlife. Our Long Term disability plan is offered through Aetna. Bd/VJ [ef[ Y 5a` V[f[a` e >[\_ [fSf[a` e 3bb/k fa TafZž

# **SHORT-TERM DISABILITY**

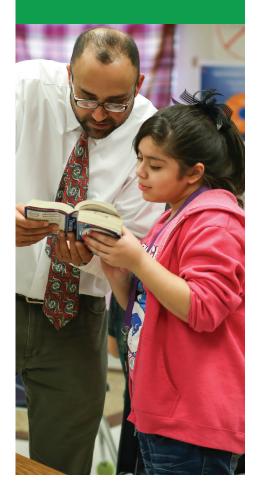
After 15 consecutive calendar days of total disability due to an injury (called the waiting period), your short-term disability payments will begin. The benefit pays 70% of your weekly pre-disability earnings to a weekly maximum of \$2,000. If your disability is due to an i`\gck, benefit payments will begin once all of your sick pay benefits have been exhausted. ;XkagdV[eST [/fk [eVgWfa S [^\times VWff bSk\_ WfeTWf]^\sigma SfWdaX#' VSkeadVJZSgef[a` aXe[U] bSkž Pre-Existing Conditions Limitations Apply.

# **LONG-TERM DISABILITY**

Employees can choose from a selection of LTD features they feel best match their financial needs. Employees can choose their Monthly Benefit Amount in \$100 increments, from \$200 to \$8000 (not to exceed 66 2/3% of monthly earnings). Employees can choose from 6 Benefit Waiting Periods. Pre-Existing Conditions Limitations Apply.

| ACCIDENT | SICKNESS |  |
|----------|----------|--|
| 0 days   | 3 days   |  |
| 14 days  | 14 days  |  |
| 30 days  | 30 days  |  |
| 60 days  | 60 days  |  |
| 90 days  | 90 days  |  |
| 180 days | 180 days |  |

# DISABILITY, LIFE, CRITICAL ILLNESS, CANCER, ACCIDENT PLANS



# **LIFE INSURANCE**

In addition to disability insurance, AISD offers two life insurance policy options. All employees are eligible if they enroll, for district paid term life insurance policy. Employees can purchase extra life insurance from Symetra Term Life and Texas Permanent Life on payroll deduction.

### **BASIC LIFE INSURANCE**

Austin ISD pays for your basic life insurance with a payout benefit equal to \$10,000. Be sure to designate a beneficiary for this benefit. The beneficiary designation / change form can be found at <a href="mailto:mybenefitshub.com/austinisd">mybenefitshub.com/austinisd</a>. Submit completed forms to the Benefits office via fax 512-414-9976.

# GROUP BASIC LIFE INSURANCE & ACCIDENTAL DEATH & DISMEMBERMENT (AD&D) INSURANCE

Description of Term Life Group life insurance is term life coverage made available through your employer. Term life insurance is the most common type of life insurance and, initially, usually is the least expensive. To put it simply, it pays a death benefit if you die while you have coverage.

This benefit pays an additional benefit in the event of loss of life or contractually defined injury. Coverage can be extended for other reasons not qualified as — but relating to — accidental death or dismemberment. Refer to your employee certificate for details.

Eligibility All Eligible Full-Time Employees who are actively at work and working a minimum of 20 hours each week.

Eligible Employees – \$10,000 of Basic Life and AD&D coverage at no cost to you as this benefit is paid for by your employer.

Additional AD&D Benefits

Loss of Life, Loss of Speech and/or Hearing, Loss of Hand, Foot or Eye, Loss of Thumb and Index Finger on One Hand, Paralysis Benefit, Seat Belt/Airbag Benefit and Repatriation Benefit are included under

AD&D for actively insured employees. Child Education, Day Care, Rehabilitation, Spouse Education and Adaptive Home and Vehicle Benefits, Critical Burn, and Coma are included under AD&D. Certain restrictions apply. Refer to your employee certificate.

Accelerated Death Benefit If an employee has been diagnosed as terminally ill, Symetra Life Insurance Company may pay a portion of the death benefit in advance to the employee. Refer to your employee certificate.

A conversion benefit is available that allows you to convert your group coverage to an individual policy if certain conditions are met. Refer to your employee certificate.

Benefit amounts will not be reduced.

# GROUP SUPPLEMENTAL LIFE & ACCIDENTAL DEATH & DISMEMBERMENT (AD&D) INSURANCE

| EMPLOYEE SITUATION                           | COVERAGE OPTION   |  |
|--|---|--|
| New Hire-within 30 days of hire date         | Can enroll in up to 5 x annual earnings, not to exceed \$500,000          |  |
| New Hire-within 30 days of fille date        | guarantee issue, no Evidence of Insurability required                     |  |
| Currently have some add'l life- wish to      | Can increase coverage level by 5, \$10,000 increments, from where         |  |
| increase                                     | currently insured without Evidence of Insurability, more than 5, \$10,000 |  |
| liiciease                                    | levels, would require EOI   |  |
| Current employee with no add'l life, wish to | Can add up to \$50,000 without Evidence of Insurability. More than        |  |
| add coverage                                 | \$50,000 would require EOI  |  |

Conversion

# **Texas Permanent Life**

In addition to your basic life insurance, you may elect to purchase individual universal life insurance for yourself and dependents. You can buy additional life insurance at a minimum of \$10,000 and up to a maximum of \$250,000. See a representative for more details.

You can elect additional life coverage for your spouse, children, and grandchildren.

Additional life policies for you and your dependents are optional benefits and are paid for entirely by you in after-tax deductions. The premium rates are based upon set rates determined by age and tobacco, (except for the children policies mentioned above).

Completion of a medical history statement and physical exam is required if enrolling more than 30 days from date of hire.

A detailed flyer of the Texas Life policy can be found at:

www.mybenefitshub.com/austinisd/2015/Benefit/TexasLife/PureLife

### **ACCIDENTAL DEATH AND DISMEMBERMENT**

Accidental death and dismemberment (AD&D) coverage is an included benefit in the Texas Life Permanent policy.

ADDITIONAL AND DEPENDENT LIFE INSURANCE



# **CRITICAL ILLNESS**

This plan pays you a \$50 wellness screening benefit, along with a lump-sum cash benefit when you're first diagnosed with a covered critical illness. This plan pays you in addition to any other coverage you may have.

- If you choose spouse coverage, the spouse benefit cannot exceed 50% of your employee benefit. If you choose employee + child or employee + family coverage, you are only charged for one dependent child, not individually. The dependent children's benefit is either \$2500 or \$5000.
- 12-month pre-existing condition and actively-at-work provisions apply.

| Category | Covered Illness/Procedures  | Percent of Benefit Payable |
|----------|---|----------------------------|
| 1        | <ul><li>Heart Attack, heart failure, stroke</li><li>Coronary bypass surgery</li></ul>   | 100%<br>25%                |
| 2        | <ul> <li>Blindness, major organ failure (excluding heart failure),<br/>end stage kidney disease, paralysis (excluding paralysis<br/>from stroke), coma</li> </ul> | 100%                       |

# **ACCIDENT PLAN**

This plan covers emergency treatment, hospital admissions, confinements and diagnostic exams, as well as other expenses related to you or an insured family member injured in a covered accident. This plan pays you in addition to any other coverage you may have.

- · You must be under age 70 to enroll.
- If you have a covered accident, you receive cash benefits for expenses that may not be fully covered by your medical plan.
- No evidence of insurability is required.
- 12-month pre-existing condition and actively-at-work provisions apply.

# **CANCER INDEMNITY**

| Cancer Treatment Benefits                                    | Option 1           | Option 2   |  |
|--|--------------------|--|--|
| Radiation Therapy, Chemotherapy or Immunotherapy             | \$15,000           | \$20,000   |  |
| Maximum per 12-month period                                  |                    |  |  |
| Hormone Therapy - Maximum of 12 treatments per Calendar Year | \$50 per treatment | \$50 per treatment   |  |
| Experimental Treatment                                       |                    | Paid in the same manner and under the same maximums as any other benefit |  |
| Waiver of Premium  | Waive Premium      |  |  |
| Internal Cancer First Occurrence Benefit                     |                    |  |  |
| Lump Sum Benefit   | \$5,000            | \$10,000   |  |
| Maximum 1 per Covered Person per lifetime                    |                    |  |  |
| Lump Sum for Eligible Dependent Children                     | \$7,500            | \$15,000   |  |
| Maximum 1 per Covered Person per lifetime                    |                    |  |  |
| Heart Attack/Stroke First Occurrence Benefit                 |                    |  |  |
| Lump Sum Benefit   | \$5,000            | \$10,000   |  |
| Maximum 1 per Covered Person per lifetime                    |                    |  |  |
| Lump Sum for Eligible Dependent Children                     | \$7,500            | \$15,000   |  |
| Maximum 1 per Covered Person per lifetime                    |                    |  |  |

- Guarantee Issue, No Health Questions, 12 Month Pre-existing conditions limitations apply.
- Policy pays only for loss resulting from definitive Cancer. Proof must be submitted for each claim.



# EMPLOYEE ASSISTANCE PROGRAM (EAP)



# Helping You Take Care of Yourself and Loved Ones

Life is filled with challenges and frustrations. Dealing with difficulties on the job or with family members; facing personal challenges, such as stress, depression, anxiety, and substance abuse; and, handling financial or legal issues, are just a few of life's speed bumps.

Most of us try to solve these problems on our own. Ultimately we often realize that we honestly need a helping hand: someone to talk to for guidance, to vent, to explore options, to share concerns, to calm our fears.

This is why the Employee Assistance Program was established as a FREE and CONFIDENTIAL benefit for all AISD employees and their families.

# WHO CAN USE?

- All benefits-eligible employees
   (20+ hrs/wk) and retirees
- Spouses (married or divorced) and all family members/ significant others living in the employee's home
- Children and grandchildren aged 26 and younger
- Terminated employees, eligible for benefits, for 6 months from termination date

# **TYPICAL ISSUES**

- Addiction
- Child and Teen Issues
- Chronic Illness
- Depression/Anxiety
- Suicidal/Homicidal Ideation
- Divorce/Separation

- Emotional Turmoil
- Finances
- Grief/Loss
- Incarceration (adult or juvenile)
- Legal Matters
- Parenting
- Relationships
- Stress Management
- Substance Abuse
- Work Issues

# **HOW TO CONTACT**

# **Directly:**

Alliance Work Partners, EAP Provider 24/7 Hotline:

Toll Free 800-343-3822 TDD 800-448-1823

Teen Line 800-334-8336

# www.alliancewp.com

- Call to request routine appointments, to speak with a live counselor, or for urgent requests for help
- Spanish and 150 languages

### **Referral:**

# **Kevin Casey, AISD EAP Coordinator**

M-F, 7:45-4:45, except holidays 512-414-9687

kevin.casey@austinisd.org

# www.austinisd.org/eap

- Can provide EAP benefits information and guidance
- Can assist with contacting AWP
- Collaborates with Alliance Work Partners referrals



The Austin ISD staff health and wellness initiative



# **Purpose**

To reinvent wellness for Austin ISD staff by providing:

- Resources for health and wellness
- Programming to educate staff about healthy lifestyles
- Guidance to campuses and departments that are integrating wellness programs

# **Programming**

**District-level programming** has a strong education component and follows national health awareness campaigns and local health initiatives.

**Campus-based programming** is action-based, with fun activities like the YMCA 0–5K, H2O Challenge and National Wear Red Day.

**Individual programming** through e-wellness partners, programs and Seton Healthcare solutions.





# **Health Risk Assessment**

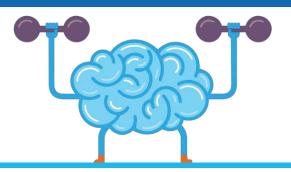
The E-wellness flagship program is the Health Risk Assessment. Information from the HRA informs the work of E-wellness and contributes to its success. To participate, AISD staff complete a short, confidential online survey with questions focusing on modifiable health behaviors. Participants receive a personalized report with information about their potential health risks, information on how to reduce those risks and resources for follow-up.





# 2015–16 Calendar

**Austin Independent School District** 



# September

Mental Health | Healthy Routines | Men's Prostate Health

### Take Action!

- Make time to breathe.
- Sign up for the YMCA 0-5K training program. Goal race: Run for the Water.
- Coordinated School Health kickoff program



Men: Schedule a prostate exam and <u>learn about risk factors</u> and the importance of regular screenings. Log in to your Aetna account to search for an in-network doctor near you.

# October

Health Literacy Month | National Breast Cancer Awareness Month | Health Risk Assessment

### Take Action!

- · Get your FREE flu shot with your AISD insurance card—check with your campus administrators for your flu shot clinic date.
- Improve your health literacy to help reduce your healthcare costs and improves health outcomes.
- One way to improve your health literacy is to complete your Health Risk Assessment.
- Women: Schedule a mammogram with the Seton Breast Care Center for a spa-like experience. Learn more >>

# November

Diabetes Awareness | Great American Smokeout / Lung Cancer





# Take Action!

- What are you drinking? Trade your sugar-sweetened beverage for water during the AISD H20 Challenge.
- Diabetes facts and resources
- You can only guit smoking when you're ready—consider the benefits. Join the Great American Smokeout on Nov. 11 or take free classes from EAP and Seton.

# December

Healthy Holidays | Mindful Eating | Portion Sizes

### Take Action!

- Healthier holiday alternatives
- Baking substitutions for holiday treats
- Proper portion sizes

# Januarv

Health Risk Assessment—Know Your Numbers

# Take Action!

- Complete the AISD Health Risk Assessment.
- Important biometric numbers

# February

Wear Red for Women—Heart Disease Awareness Month



### Take Action!

Lower your risk of heart disease and wear red on Feb. 5 to show your support for women's heart health.

# March

National Nutrition Month

### Take Action!

- Eat a rainbow of fruits and vegetables—3-5 cups per day.
- Visit a local farmers market.
- Consider a Community-Supported Agriculture membership.



# April

Healthy Texas Week April 11-15



# Take Action!

Identify your stage of health and focus on healthy habits to improve your overall wellness.

# May

National Physical Fitness and Sports Month

### Take Action!

- Learn about the importance of incorporating strength training into your workout routine.
- Download a free 30-day fitness app.

# June

Summertime Health

### Take Action!

- Summertime health guidelines to stay safe in the sun
- Drink plenty of water.



These activities are part of Coordinated School Health—Austin ISD's initiative to support the wellness of staff, students and families. For more information, visit austinisd.org/wellness, email ian.kahn@austinisd.org or call 512-414-2282.

| Austin   | Austin Independent School District Depende   | School District Dependent Documentation Matrix  |
|--|--|---|
| Dependent Type   | Preferred (listed on DA Form)  | Acceptable Alternative(s)   |
| A. SPOUSE<br>Legal spouse,   | <ul> <li>Copy of page 1 of your 2014 federal tax return (as filed)<br/>listing spouse</li> </ul>   | ~ If married on or after June 1, 2014, marriage certificate alone is acceptable.  |
|  | OR  • Copy of marriage certificate or Declaration of Common  Law Marriage <u>plus</u> proof marriage is still current [recurring monthly or quarterly household bill or statement of account listing your spouse's name at your address and dated within the past 60 days] | For Common Law Marriage: Copy of Declaration of Common Law Marriage (a filed with the local courthouse) plus proof marriage is still current [recurring monthly or quarterly household bill or statement of account listing your spouse's name at your address and dated within the past 60 days] |
|  |  |   |
| B. CHILD<br>Child up to age 26   | One of the following items, as applicable:  Copy of page 1 of your 2014 federal tax return (as filed) listing child as dependent, OR   | For natural or stepchild:  ~ Copy of divorce decree or court order listing Employee (EE) or spouse as parent and child's birth date.  |
| [coverage ends on the child's 26th birthday.]  | Copy of birth certificate, OR     Copy of certificate of adoption OR   | Birth card as long as last names of child & EE or spouse are the<br>same.   |
| For eligibility purposes, child includes:  | Copy of court order requiring you or your spouse/partner   | If no birth certificate, copy of hospital birth record listing parent(s), child,  |
| <ul> <li>natural child and stepchild of your current spouse</li> <li>adopted child (including a child for whom you or your spouse is a party in a suit in which the child's adoption is</li> </ul>   | to cover the child for health insurance  • Copy of legal guardianship documents  Note for stepchildren: If you are covering a stepchild, and the   | and child's date of birth.  ~ Paternity documentation that determines EE or spouse is the father of the child.  |
| sougnity   | child's parent is not a covered dependent, in addition to one of the items required above, you must also provide one of the items from   | For grandchild: Copy of EE's 2014 tax return listing grandchild as dependent.   |
| application of coverage of the child of your child is made. (You are required to provide a copy of your most recent federal tax return claiming grandchild as a dependent.)  • child for whom you (or your spouse) has received a court order requiring that you (or your spouse) have financial responsibility for providing health insurance.  • child for whom you are legal guardian | Category A, Spouse.  | For legal guardianship: EE must provide the Court Order of Legal Guardianship showing EE or spouse as guardian of child   |
|  |  |   |
| C. DISABLED CHILD  | One of the items listed for category B above   | See category B above for dependency documentation alternatives  |
| Unmarried child over the age of 26 who is medically certified as disabled and dependent upon you for support and maintenance   | No additional documentation regarding disability is required for this review if disability documentation is on file with AISD  |   |
|  |  |   |
|  | Send dependent documentation to Austin ISD via:  |   |
|  | email: dependentdocumentation@austinisd.org, or  |   |
|  | rax number, 512.414,9976   |   |

# QUALIFYING EVENT INSTRUCTIONS FOR EMPLOYEE BENEFIT PLAN CHANGES DURING THE PLAN YEAR (OUTSIDE OF OPEN ENROLLMENT)

Austin ISD Benefit Plan is a Section 125 Flexible Benefit Plan (Cafeteria Plan) allowed for under the regulation of Section 125 of the Internal Revenue code.

**RULES:** Any "pre-tax" elections will remain in effect and cannot be revoked or changed during the Plan Year unless there is a qualifying event.

**TIMELINE:** Any change in benefit election must be made with 31 days of the qualifying event and must be consistent with the change that has occurred. **SUPPORTING DOCUMENT REQUIRED TO ENROLL/CANCEL COVERAGE:** Documentation of the qualifying event, a Section 125 Revocation/Change Form, subsequent carrier and dependent verification documentation must be submitted to the Benefits Department within **31 calendar days** (including weekends and holidays) of the qualifying event date. (NOTE: All documents faxed or emailed are considered by the time stamp when they were sent whether office is closed or open)

**Benefits Department** 1111 W. 6th Street, Suite A330 | 512-414-1739 (phone) Austin, Texas 78703-5338 | 512-414-9976(fax)

| <b>Example of Qualifying Event</b>             | Required Supporting Documentation                  |  |
|--|--|--|
| Birth of a child                               | Birth Certificate                                  |  |
|  | Verification of the birth from the hospital or     |  |
|  | other authority listing the name and the date of   |  |
|  | birth of the child                                 |  |
|  |  |  |
| Adoption                                       | Placement for adoption paperwork, legal            |  |
|  | documentation of the adoption                      |  |
| Death  | Death Certificate                                  |  |
| Marriage                                       | Marriage Certificate                               |  |
| Divorce  | Original signed divorce decree                     |  |
| Dependent's enrollment in another employer's   | Proof of the enrollment listing: effective date of |  |
| benefits through job change or open enrollment | coverage, type of coverage (medical, dental,       |  |
|  | vision), and the names of dependents enrolled      |  |
|  | with their effective date of coverage.             |  |
|  | Examples: copy of enrollment forms or              |  |
|  | printouts from an on-line enrollment               |  |
| Loss of benefits due to loss of job or loss of | Letter from former employer, COBRA notice,         |  |
| eligibility                                    | or print screens from insurance carriers listing   |  |
|  | the type of coverage lost, the last date of        |  |
|  | coverage and the names of dependents losing        |  |
|  | coverage   |  |

Note: Switching among plans during the plan year is prohibited. When adding dependents they are added to current plan that employee is participating in.

EFFECTIVE DATES: Day after benefits end when situation is a loss of benefits. Benefits become effective the date of the event for: births, adoptions, marriages, divorce, and death PREMIUM DEDUCTIONS: AISD premium deductions are deducted from employee paycheck one month in advance. Double premium payments may be due based on effective date.

Premiums are not pro-rated. Example of this: A child is born on the 10th of December; insurance premiums for December and January will be deducted from the December pay check if forms are returned within the payroll deadline.

January 1, 2015

To: Austin ISD Employee and Other Insured Dependents (if any)

Fr: National Benefit Services, LLC

Service Provider for Austin ISD

Re: General COBRA Information for:

Austin ISD Health Plan

You are receiving this notice because you have recently become covered under one or more of the group health plans sponsored by Austin ISD. Austin ISD has retained National Benefit Services, LLC to provide assistance with their COBRA responsibilities. One of our tasks is to provide you with important information about your right to COBRA continuation of coverage under one or more of the group health plans named above. The information is intended to educate you about your COBRA rights and obligations in the event that you or one of your dependents loses coverage under one or more the plans. For simplicity, the remainder of this notice will refer to the above plans collectively as the "Plan". While no action or response is required unless you or your dependent actually have a loss of coverage under our health plan(s), both you and your spouse should read the information carefully, and keep it with your records. If you experience loss of coverage in the future, please refer to this overview for guidance about your rights and responsibilities. Note: This notice does not fully describe continuation coverage under COBRA or other rights under the Plan and a more complete description can be found by contacting the Plan Administrator (identified below) and/or referring to the applicable health plan Summary Plan Description. There is a more detailed description of your rights under COBRA and the coverage under the Plan(s) under which you have become covered in the applicable Summary Plan Description(s). This Notice provides a brief overview of your rights and obligations under the current COBRA law. The Plan (as outlined below) offers no greater COBRA rights than what the COBRA statute requires, and this Notice should be construed accordingly.

About the COBRA Law.

COBRA refers to a Federal law which applies to most employers who sponsor group health insurance plans for their employees and dependents. For COBRA purposes, a group health plan includes any major medical plan, dental plan, vision plan, health FSA, or any other employer sponsored group plan which provides medical care.

The law requires that employees and certain dependents (spouse and dependent children) who lose coverage under a group health plan must be given the opportunity to continue coverage on a temporary basis. The maximum length of time coveragemay be continued depends upon the reason coverage is lost. An employee, spouse and/or dependent child who loses coverage as a result of a qualifying event is called a "Qualified Beneficiary".

COBRA Qualifying Events.

Listed below are "qualifying events" which result in the right to continue coverage under COBRA. Please note that the maximum period of time coverage can be continued depends on the type of qualifying event.

Eighteen (18) Month Maximum Continuation (experienced by a covered employee):

- 1.) Termination of Employment (for reasons other than "gross misconduct")
- 2.) Reduction of Work Hours

If you experience one of the events listed above, you and any other impacted qualified beneficiary will be notified of the right to elect continuation coverage. Disability Extension to twenty-nine (29) months. This extension will apply when any Qualified Beneficiary is determined by the Social Security Administration to have been disabled at any time prior to the end of the first sixty (60) days of COBRA coverage resulting from a termination of employment or reduction of work hours, and continues to be disabled at the end of the initial 18 month period of coverage.

For the disability extension to apply, you must provide a copy of the SSA Determination of Disability letter within the 18 month COBRA period but no later than 60 days after the latest of: (1) the date of the SSA Determination of disability; (2) the date on which the qualifying event occurs; or (3) the date on which the qualified beneficiary loses coverage. Second Qualifying Event Extension to thirty-six (36) months. If a Qualified Beneficiary experiences an second qualifying event during the 18 or 29 month COBRA continuation coverage resulting from termination of employment or reduction of work hours, then the spouse and dependent children will qualify for an extension of COBRA continuation coverage of up to 36 months from the original qualifying event. A covered employee or qualified beneficiary must provide notice of the second qualifying event within 60 days of the event in order to qualify for the extension. Events eligible for the extension of coverage are those listed below (but only to the extent that they would have caused a loss of coverage under the Plan if it was the initial qualifying event):

Thirty Six (36) Month Maximum Continuation (experienced by a covered spouse or dependent child):

- 1) Death of an Employee
- 2) Divorce or legal separation
- 3) Dependent child no longer meets the Plan's definition of a "dependent

In addition, if you become entitled to Medicare and then experience a qualifying event or reduction in hours of employment within 18 months of the Medicare entitlement, the qualified beneficiary spouse and/or dependent children may elect to continue coverage for up to 36 months from the Medicare entitlement.

Your IMPORTANT Qualifying Event Notice Obligations. If your spouse or dependent child loses coverage under the Plan because of divorce, legal separation, or your child no longer meets the Plan's definition of "dependent", then you, your spouse or dependent child must notify Austin ISD of the loss. Written notice must be provided no later than sixty (60) days after the event or the date coverage terminates, which ever is later. It is mandatory that you use the enclosed notification form for this purpose. It can be mailed first class or faxed to Austin ISD. A notification form is enclosed for this purpose. (Contact information is listed on the notification form and later in this document.) You may be required to provide additional information to support the qualifying event (e.g. a divorce decree, etc). If Austin ISD is provided timely notice of the divorce, legal separation, or a child's loss of dependent status, we will notify the affected Qualified Beneficiaries of the right to elect continuation coverage.

If Austin ISD is not provided notice of the divorce, legal separation, or a child's loss of dependent status during this sixty (60) day period, COBRA continuation will not be offered. If any claims are mistakenly paid for expenses incurred after the divorce, legal separation, or a child's loss of dependent status, then you, your spouse and dependent children will be required to reimburse the Plan for any claims so paid.

If your spouse or dependent child loses coverage as a result of your death or your entitlement to Medicare, Austin ISD will automatically notify your spouse, and dependent children of the right to elect continuation coverage.

Other Notification Requirements: In order to protect your family's rights, you should notify the Plan Administrator, Austin ISD, immediately when the name or address changes for you or any covered dependent. For your records, you should also keep a copy of any notices you send to the Plan Administrator.

### **COBRA Continuation Coverage:**

If you lose coverage as a result of one of the qualifying events listed above, you may elect to continue the same coverage that you had immediately preceding the qualifying event; however, that continuation coverage is subject to changes made by the Employer to the same coverage maintained by similarly situated active employees. You have the same right to change your coverage that similarly situated active employees have (including any open enrollment rights to change coverage). Once you receive your election notice from the Plan Administrator, you have 60 days from the later of the date of the notice or the date coverage is lost as a result of the qualifying event to elect coverage. If you elect coverage you may be required to pay up to 102% of the applicable premium and possibly up to 150% of the applicable premium during a disability extension. The first premium is due 45 days after the date you make your election for coverage. All subsequent premiums are due the first day of the coverage period (with a 30 day grace period). Premiums are typically due on the first day of each month.

Plan Administrator.

Austin ISD is the Plan Administrator. All notices and other communications regarding the Plan and regarding COBRA must be directed to:

Austin ISD

Attn: Benefits Department Carruth Administration Center 1111 West Sixth Street, A330 Austin, Texas 78703-5338 For More Information.

If you have questions, or need additional information, you should contact the Plan Administrator, Austin ISD, or the service provider, National Benefit Services, LLC at:

National Benefit Services, LLC 8523 South Redwood Road West Jordan, UT 84084 Phone: (801) 532-4000

# **RETIREMENT PLANS**

# 403(B) VS. 457(B): WHICH IS BETTER FOR YOU?

# 403(b)

It's easier to access the funds while you are with the employer.

# 457(b)

You're not subject to the 10% federal early withdrawal penalty once you leave the employer.

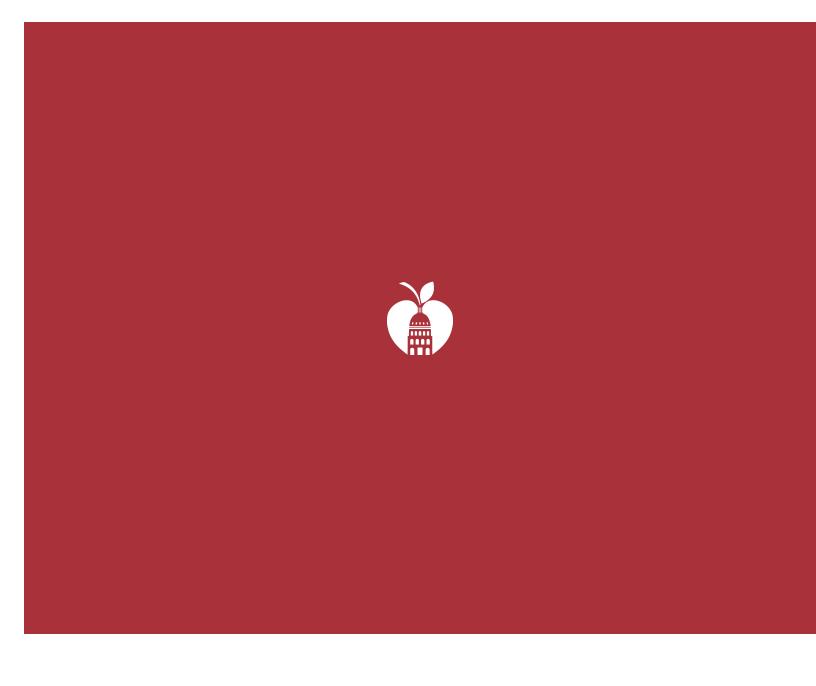
| 403(b)   | 457(b)  |  |
|--|---|--|
| Less stringent withdrawal restrictions while you are employed, but a 10% federal early withdrawal penalty might apply.   | More stringent withdrawal restrictions while you are employed, but no 10% federal early withdrawal penalty after severance from employment [except in the case of rollovers from non-457(b) plans, including IRAs].   |  |
| Generally withdrawals made prior to severance from employment or the year you attain age 59½ can only be made due to financial hardship.   | Generally withdrawals made prior to severance from employment or the year in which you reach age 70½ can only be made for an unforeseeable emergency.   |  |
| A financial hardship withdrawal is considered less restrictive — while you are employed — than a 457(b) unforeseeable emergency. Examples of financial hardship include:  > Unreimbursed medical expenses  > Payments to purchase a principal residence  > Higher education expenses  > Payments to prevent eviction or foreclosure of a mortgage. | An unforeseeable emergency is more restrictive — while you are employed — than a 403(b) hardship. Some examples:  > A sudden and unexpected illness or accident for you or a dependent  > Loss of your property due to casualty  > Other similar extraordinary circumstances arising as a result of events beyond your control.  Sending a child to college or purchasing a home, two common reasons for 403(b) hardship withdrawals, generally are not considered unforeseeable emergencies. |  |
| Withdrawals can be subject to a 10% federal early withdrawal penalty prior to age 59½.   | The 10% federal early withdrawal penalty, generally applicable to distributions prior to age 59½ from a 403(b) plan, does not apply to distributions from 457(b) plans except on amounts rolled into the plan from non-457(b) plans (including IRAs).   |  |

| Plan                      | 2015 Contribution Limits (2016 not published by IRS at time of print) |  |
|---------------------------|---|--|
| 403                       | \$18,000  |  |
| 457                       | \$18,000  |  |
| 50+ catch up contribution | \$6,000   |  |

If you have any questions, start with the Benefits Department. We are happy to assist. Additionally, feel free to contact any of our providers directly.

AISD Benefits Department 512-414-2297 www.mybenefitshub.com/austinisd

| BENEFIT  | VENDOR  | PHONE<br>NUMBER              | WEBSITE   |
|--|---|------------------------------|---|
| Medical & Long<br>Term Disability<br>#737540           | aetna   | 888-592-3862                 | www.aetna.com                                   |
| Dental DHMO #00951-001 Core #03595-001 Plus #03595-001 | △ DELTA DENTAL  | 800-422-4234<br>800-521-2651 | www.deltadentalca.com<br>www.deltadentalins.com |
| Vision #332250   | SUPERIOR VISION See yourself healthy.                           | 866-265-0517                 | www.superiorvision.com                          |
| Life & AD&D<br>#01-016703-00                           | SYMETRA   | 800-796-3872                 | www.symetra.com                                 |
| Permanent Life   | TEXASLIFE INSURANCE COMPANY                                     | 800-283-9233                 | www.texaslife.com                               |
| Short Term<br>Disability<br>#151369                    | MetLife 🕞   | 800-858-6506                 | www.metlife.com                                 |
| Flexible Savings<br>Accounts                           | NATIONAL SENERT SERVICES, LLC                                   | 800-274-0503                 | https://mywealthcareonline.com/nbsbenefits/     |
| Health Savings<br>Accounts                             | Benefit <b>Wallet</b>   | 877-472-4200                 | www.mybenefitwallet.com                         |
| 403B   | NATIONAL BENEFIT SERVICES, LLC                                  | 800-274-0503                 | www.nbsbenefits.com                             |
| 457 Plans  | VALIC   | 512-343-1810                 | www.valic.com                                   |
| Cancer<br>#GC13APL<br>Accident Plans<br>#195940        | American Public Life Insurance Company American Fidelity George | 800-256-8606                 | www.ampublic.com                                |
| Critical Illness<br>#59926                             | ASSURANT  | 800-877-2701                 | www.assurant.com                                |



This is a summary of benefits drafted in plain language to assist an employee's understanding of what benefits are offered, and does not constitute a policy. Detailed provisions are contained in each provider's plan document. If there is a discrepancy between what is presented here and the official plan documents, the plan documents will govern.